

About Us

Hi, Im Britt!

Welcome to my lupus blog! I am a lupus warrior who is on a mission to **spread awareness and inspiration to those living with lupus.**

I currently work for an advertising agency by day and am a passionate blogger by night. I recently became a contributor on [The Mighty](#), where I hope to spread even more awareness and hope to those living with an autoimmune disease.



Britt Clark is a new contributor on The Mighty. You can find her official profile [here](#).

My Story

I was diagnosed with lupus in April of 2016 after many years

of suffering from various symptoms. I have learned many things over the last few years and look to share my lupus blog life with others!

I am a wife- serious kudos to my husband for somehow dealing with me for almost 13 years ☺ and I am the mom of two wonderful boys.

I love exploring new places and new food! I am a serious coffee addict and have a newfound love for life.

Join me on this lupus adventure and welcome to my Lupus Lyfe!





Looking to share your story?

If you would like to share your lupus story on Lupus Lyfe, please contact us at info@lupuslyfe.com.

Want to work with me?

If you are interested in collaborating with Lupus Lyfe, please contact us at info@lupuslyfe.com.