

SPF Clothing for Lupus Warriors

Do you have lupus and struggle to get adequate SPF protection for the sun's harmful rays? If you are like a majority of people who suffer from photosensitivity with your lupus, you probably already work hard to wear a broad spectrum SPF sunscreen daily.

But were you aware that you can actually buy SPF clothing that can help protect your lupus skin from the sun?

Fun patterns & bold colors



SPF CLOTHING

Don't let the sun stop you from doing the
things you love!
Get tips at www.lupuslyfe.com

If you find your photosensitivity is causing your lupus to flare, you may want to consider purchasing some high quality clothing that offers great SPF protection. By eliminating the sun as a trigger, you may be able to better manage lupus flares.

We have created a list of 5 SPF clothing that can help lupus warriors protect their skin.

[If you are looking for the best sunscreen for lupus, check out our post here!](#)

[1. Vapor Apparel Women's UPF 50+ UV/Sun Protection Long Sleeve T-Shirt](#)



These [Vapor Apparel shirts](#) are certified by the Skin Cancer Foundation as a UV protectant, with UPF 50+ solar protection built directly into the fibers of the fabric. These shirts come in a variety of colors that can help every lupus warrior feel and look great in their [signature SPF clothing](#).

Even more interesting to note for lupus patients, is the fact that [Vapor Apparel](#) uses PURE-tech textiles, that make them more durable and easier to care for than many of the other clothing you may have. Amazingly, these SPF shirts are created using M-Shield zinc-based technology that helps them repel odor and can actually keep them free of bacteria and other microbes. If you are a lupus patient, you know that keeping bacteria at bay is an astonishing benefit to these [SPF shirts](#).

[2. Coolibar UPF 50+ Women's Beach Cover-Up Dress – Sun Protective](#)



[Coolibar](#) is an awesome apparel company that creates SPF and UPF clothing.

The [Coolibar Mission](#) is:

OUR MISSION IS TO KEEP THE WORLD SAFE FROM SUN DAMAGE, TO PROTECT THOSE WITH A SUN-RELATED MEDICAL CONDITION AND TO PREVENT EVERYONE ELSE FROM DEVELOPING ONE.

They create their clothing based off a mission of protecting the world from the damaging rays of the sun and those with sun-related medical conditions. If you suffer from lupus, you know how detrimental the sun's rays can be when trying to manage your lupus symptoms. Why not [choose cute clothing](#) from a company that's literal mission is to protect it's customers from the harmful rays of the sun?

3. [Baleaf Women's Hiking Shirts Outdoor UPF 50+ Sun Protection Long Sleeve](#)



If you are going on vacation and are worried about a lupus flareup from the sun, you should consider getting this awesome hiking shirt from [Baleaf](#). This button up shirt is high quality and woven from 100% nylon fiber with UPF 50+ sun protection. What more could a lupus warrior ask for in sun protection?[Baleaf Women's Outdoor Hiking Shirt Sun Shirt](#) wicks away moisture and dries quickly, making it the ultimate active travel shirt for any lupus warrior.

4. Bold Babe Women's Sun Protective Wrap Skirt – SPF Clothing



Perfect for the active lupus babe, this super cute [SPF 50+ Wrap Skirt](#) is sure to become your favorite new skirt! Multi-functional and versatile, this skirt can take you from a morning walk to a day on the town. What is even more awesome besides it's super sun protection, is the fact that each skirt is considered a one size fits all. If you suffer from weight loss and weight gain from lupus flares, this is a perfect choice for you. Another reason we love [Bold Babe](#), is the fact they literally hand make every [SPF clothing product](#) in Denver, Colorado!

5. UV 50 Sun Protection Long Sleeve Rash Guard Shirt With SPF Skin Protection



This [Rash Guard Compression Shirt](#) is an amazing choice for lupus sufferers who are in need of a high quality shirt that provides the ultimate protection from the sun. This [UV 50 shirt](#) can be used as a swim shirt to protect you when you are swimming or on vacation. Do not let lupus stop you from enjoying a vacation of your favorite things outside. If you need a cute and stylish way to protect your lupus skin from the sun's harmful rays, you should consider getting a [Rash Guard Compression shirt](#). There are many colors to choose from and your lupus skin will thank you!