

Top 5 Turmeric Masks for Lupus Skin

If you follow my blog, you probably know that I love turmeric everything. There are so many awesome benefits when it comes to using turmeric, but with lupus, I really applaud it's anti-inflammatory abilities! It seriously makes a difference in my lupus joint pain and stiffness. So naturally, I am always looking for new turmeric supplements that I can incorporate into my wellness plan.

I recently came across turmeric skincare products, like turmeric face masks! I was amazed at how well these masks work to reduce redness on my face.

You may have heard of the anti-inflammatory benefits lupus patients can get from ingesting turmeric, but did you ever think that turmeric may also help you to reduce inflammation on your face when used as a face mask? Read on to find out more!

Why Turmeric Masks for Lupus Skincare?

Most lupus patients are aware of the anti-inflammatory power of turmeric. When a lupus patient suffers from a malar rash, their skin can get red, dry, and irritated. It is hard to find lupus skincare products that will not further irritate already sensitive skin. In fact, shouldn't we be looking for lupus skincare products that can calm our irritated skin and reduce inflammation if possible? Yeah, we thought so too! That's why we have created this list of the Top 5 Turmeric

Masks for Lupus Skincare.

These masks all share one commonality, they include turmeric to reduce inflammation on the face. Isn't it time you took control of all that lupus takes from you?



Skincare:

TURMERIC FACE MASKS

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lupus Skincare turmeric face mask

1. Turmeric Masks for Lupus Skincare: [First Aid Beauty Ginger & Turmeric Vitamin C Jelly Mask](#)



[First Aid Beauty Ginger & Turmeric Vitamin C Jelly Mask • First Aid Beauty](#)

About [First Aid Beauty](#):

First Aid Beauty, a.k.a. FAB, offers products to help your skin look its absolute best. They offer real solutions to real problems, as well as essentials that form the cornerstone of a smart skin-care regimen.

Description:

This [Ginger & Turmeric Vitamin C Jelly Mask](#) helps deliver a burst of cooling hydration. Infused with vitamin C, allantoin, ginger, and turmeric, this refreshing jelly mask helps awaken your senses. The cooling gel may help reduce redness and skin inflammation.

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2. Turmeric Masks for Lupus Skincare: [Natural Turmeric Antiaging Acne Face Mask Treatment by PURE SKIN](#)



This turmeric face mask is amazing! It contains deep cleansing agents that help to detoxify skin, prevent acne flare ups, irritation, and inflammation. This [turmeric miracle mask](#) is made with wholesome and natural ingredients that are meticulously blended to gently exfoliate and reveal new and refreshed skin. This mask can help correct hyper-pigmentation and naturally brighten and balance skin tone.

[ORDER YOURS HERE!](#)

3. Turmeric Masks for Lupus Skincare: [Pearlessence Clay Face Mask \(Turmeric and Honey\)](#)



[Pearlessence Clay Face Mask \(Turmeric and Honey\)](#)

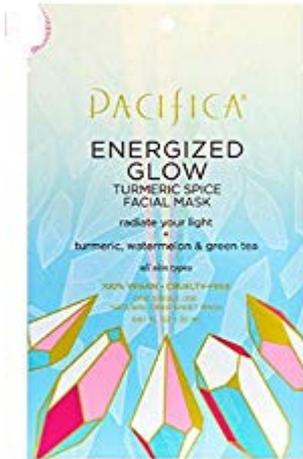
This turmeric face mask is full of antioxidants that work as a deep cleansing mask to revive dull and dry skin. This Pearlessence turmeric face mask can help you reveal brighter and a more youthful skin appearance. This turmeric face mask works by drawing impurities out from the skin with the help of exfoliating Cedrus clay and turmeric and refreshes inflamed, dry skin resulting in a calmer, hydrated, and soothed face. If you are looking for a turmeric face mask that can help your lupus skin, you may want to try this!

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4. Turmeric Masks for Lupus

Skincare:

[Pacifica Energized Glow Turmeric Spice Facial Mask](#)



[Pacifica Energized Glow Turmeric Spice Facial Mask • Pacifica](#) [•](#)

If you are looking for a turmeric face masks that helps your skin glow, you may want to consider this energized glow mask with turmeric. [Pacifica's Energized Glow Turmeric Spice Facial Mask](#) is a multi-targeted mask is infused with a rainbow of plant extracts, turmeric spice, green tea and hyaluronic acid along with enzymes to fight dullness and help boost brightness.

This turmeric face mask is one of our favorites when it comes to how it smells. This mask smells like an amazingly refreshing blend of watermelon and lemongrass! This turmeric face mask is infused with turmeric spice, watermelon, green tea, pomegranate extract, and hyaluronic acid.

Can this Pacifica's face mask get any better? Well, of course, if you need something 100% vegan and cruelty-free, this is the face mask for you!

[ORDER YOURS HERE!](#)

5. Turmeric Masks for Lupus Skincare: [Pride of India: Fuller's Earth Face Mask Powder w/ Turmeric & Sandalwood](#)



[Fuller's Earth Face Mask Powder w/ Turmeric & Sandalwood](#)

This turmeric face mask makes our top list because it is also vegan and cruelty free and contains turmeric and sandalwood. Fuller's Earth is a natural clay like material that has been used for centuries for facial and skin cleaning. The turmeric and sandalwood helps remove excess oil from the face while calming irritated skin. Once you use this turmeric face mask, your face will be brighter and smoother!

[ORDER YOURS HERE](#)

Conclusion:

These turmeric skincare products are perfect picks for lupus

skincare. If you have been looking to incorporate turmeric in to your lupus skincare regiment, we recommend starting with one of these Top 5 Turmeric Masks for Lupus Skincare. Let us know if you have tried any of the turmeric masks we listed!