

Turmeric Face Cream

If you have been following my blog, you probably know that I love turmeric products. Today, I want to tell you about my newest turmeric discovery- turmeric face creams. There are so many awesome benefits when it comes to using turmeric, but with lupus, I really applaud it's anti-inflammatory abilities! Turmeric seriously makes a difference in my lupus joint pain and stiffness. So naturally, I am always looking for new turmeric supplements that I can incorporate into my wellness plan.

Recently, I discovered turmeric face masks I was amazed at how well these masks work to reduce redness on my face. As much as I love the turmeric masks, I still deal with dry skin in the winter.

[Read about our favorite turmeric masks...](#)

I live in Ohio and if you have ever been to Ohio in the winter, you probably know exactly what I mean. I began looking for a turmeric face cream that could not only provide anti-inflammatory benefits, but one that could also nourish my dry skin.

You may have heard of the anti-inflammatory benefits lupus patients can get from ingesting turmeric, but did you ever think that turmeric may also help you to reduce inflammation on your face and replenish lost moisture when used as a turmeric face cream? Find my five favorite turmeric face creams below!

A hand is shown holding a yellow and pink flower in the foreground. The background is filled with out-of-focus purple flowers. A semi-transparent purple rectangle is overlaid on the image, containing text and a logo.

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Turmeric Face Creams

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turmeric face cream

#1 Passport's Clear Face Turmeric Lotion



This turmeric face cream is a lightweight organic lotion that contains certified organic turmeric extract. Turmeric has anti-inflammatory, anti-bacterial properties that fight blemishes and help nourish your skin. This turmeric cream contains soothing certified organic aloe vera, rooibos tea, coconut oil and lavender.

Not only does this magic face cream contain turmeric, but it also is infused with jojoba oil, olive oil, Vitamin E and neem oil for extraordinary results.

#2 Medix 5.5 Vitamin C Cream w/Turmeric



This is a 15 oz sized of turmeric face cream and it is infused with Vitamin C as well. Created by Medix 5.5, their Vitamin C + Turmeric Face Cream provides your skin with a combination of anti-aging ingredients with natural antioxidants. The added Vitamin C in the face lotion helps promote even skin tone. Natural Ferulic Acid is a powerful antioxidant that targets sun damaged skin and of course, it contains turmeric to help fight inflammation on your face.

This nourishing turmeric face cream also contains other great natural ingredients such as shea butter, aloe vera, and natural extracts such apple, sunflower, and rosemary for the ultimate in skin hydration.

#3 Origins Dr. Andrew Mega-Mushroom Skin Relief Soothing Treatment Lotion

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This light-weight face lotion from Origin not only is saturated with turmeric, but also Hypsizygyus Ulmarius, Cordyceps and Reishi Mushrooms, Ginger, and Holy Basil. This turmeric face cream is beneficial in providing your skin with hydration and reveals calmer and refreshed skin.

If you are looking for a light weight turmeric face cream, this lotion by Origin is a great choice. If you are looking for a thicker lotion, this is not the one to choose. This lotion is for people who have oily skin or a combination skin that does not require a thick layer of product. It provides a thin layer of moisture that helps to nourish your face and calm any redness you may be experiencing.

#4 TULA Probiotic Skin Care Hydrating Day and Night Cream



Now, if you are like me and are looking for the ultimate in

moisture, this is the holy grail of turmeric face creams. I absolutely love this nourishing turmeric face cream from TULA Probiotic Skincare. Check out the reviews on Amazon and you will see that I'm not the only one who feels this way about their face cream! This turmeric moisturizer is whipped and extremely nourishing to dry skin. It is not too thick or greasy, so it can be worn under makeup or at night as a night cream.

This turmeric face cream has been clinically proven to soothe and reduce redness and the appearance of distressed skin, which is a plus if you suffer from redness on your face or if you suffer from lupus malar rash.

In addition to turmeric, this face cream also contains extracts of blueberry, watermelon, apple, and prickly pear. If you are looking for a turmeric face cream that has been clinically proven to reduce redness, TULA is the best to choose.

#5 Priori Luxuriant Cream



If you are looking for a high-end turmeric face cream, Priori Luxuriant may have just what you are looking for. This face lotion is infused with antioxidant-rich blend of turmeric

root, green tea, grape seed, argan oil and olive leaf PLUS licorice root. This proprietary blend helps to brighten and nourish skin in an ultimate spa like experience at home. The active addition of turmeric root and antioxidant-rich botanicals in this face cream help reduce pigmentation and give a more even, illuminated skin complexion. This turmeric face cream is formulated with potent botanicals containing vitamins B, C, E, and infused with anti-inflammatory and antioxidant properties, great for calming the skin. Great choice if you suffer from redness and rashes on your face.

You may also like these turmeric products: